



SA TODAY

WITH JENNIE LENMAN 10AM-2PM WEEKDAYS

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Former Paraplegic Tells His Extraordinary Story - Terry Mitropoulos

13 August 2019



A paraplegic, who has extraordinarily beaten his condition, will be walking from Adelaide to Melbourne unaided on Saturday 17 August for a month-long, 700km journey.

Terry Mitropoulos was given a 5 per cent chance of living and no chance of getting back on his feet after he contracted a brain tumour, a superbug and a stroke around 9 years ago.

He joins Jennie Lenman to share his story ahead of his "[Walk and Shine](https://au.gofundme.com/f/walkandshine)" (<https://au.gofundme.com/f/walkandshine>)" tour raising awareness for mental health and funds for [The Black Dog Institute](https://www.blackdoginstitute.org.au/) (<https://www.blackdoginstitute.org.au/>) and the [YMCA](https://ymca.org.au/Pages/Home.aspx) (<https://ymca.org.au/Pages/Home.aspx>) Open Door Program.

Terry will stop at the Crafers Hotel on Saturday afternoon for anyone keen to come and have a chat.



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